

This is the e-mail I disclosed my discovery about the cause of Glaucoma and sent to Professor Robert Ritch , the former cheif of Glaucoma services at the New York Eye and Ear Infirmary of Mount Sinai.

To Dr.Robert Ritch
Feb 12. 10:55 AM

Question : Why researchers all over the world cannot find the real cause of chronic glaucoma for over 100 years ?

Answer : Because the cause come from the defect of 3 systems in the eye which different from other diseases that mostly has single cause.

And why I can find out the causes?

First of all, 16 years ago I invented a procedure called Palm Pressure Therapy (<http://healglaucoma.blogspot.com/2015/03/how-to-practice-palm-pressure-therapy.html>) to help poor patients that cannot afford the expensive IOP lowering eye drops and I found later that the procedure not only lowering the IOP but it can restored vision almost all of the patients. After I review the literature of **Professor Josef Flammer** and the anatomy of the eyeball. I tried to trace up to the cause of the disease and concluded that there are 3 factors together to be the cause

1. Failure of Aqueous outflow causing high IOP from Trabecular Meshwork dysfunction
2. Failure of Intraocular blood flow causing ischemia, splinter hemorrhage and pale optic disc from losing elasticity of Lamina cribrosa
3. Failure of axoplasmic flow and Wallerian degeneration causing optic disc cupping from losing elasticity of Lamina cribrosa

PPT can fix the 3 causes and cure Glaucoma with ending blindness.

Baby aspirin 1-2 tablets a day can potentiate the result of Palm Pressure Therapy. It worked very well in patients with end stage glaucoma.

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